



The Evergreen Scene

The Wesley Community

131 Lawrence Street, Saratoga Springs, NY 12866

518-691-1443

EVERGREEN ADULT DAY SERVICES

JULY — 2009

Mission Statement:

Evergreen Adult Day Care offers high quality affordable day services to adults. Our goal is to support with *Competence, Compassion and Character*, the clients and their families in maintaining independence through the aging process.

Letter from the Editor,

Thank you to all of you for attending our Aging and Virtual Dementia Tour on June 30th. It was well attended by our current caregivers and caregivers from the local area. Hollie Gray, from the Alzheimer's Association, gave a great presentation on caregiver stress. Thank you to Trudi Cholewinski and Samantha Merkle from 2 Victoria unit at Wesley for the virtual tour. It was eye-opening to everyone who attended. We had a sign up list for the tour and had some on a waiting list. We hope to have this program again in the fall for those who could not attend or are on the waiting list. Thank you to Sharon Nolan, Evergreen's own CNA, who was here to provide respite to those who needed to bring their loved ones. Also thank you to the Wesley marketing staff who organized the whole evening, transported those who attended the tour and provided moral support to me. I couldn't do it without all of you.

I am sorry this newsletter is so late. June was a very busy month. The Tweedlers, Carla Page and Mary DeSantis, performed their musical entertainment during the month. We had a picnic outing to one of the Greenfield Town Parks and a great time was had by all. The pictures are in this issue. Dr. Jones, the Podiatrist, was here on June 30th and will be back on September 1st for those of you who regularly see him and may want to begin podiatrist visits. Let me know if you are new to Dr. Jones and wish to see him.

Our July plans include a picnic outing on July 16th and Mary DeSantis on July 29th. Mary Carey was scheduled for July 8th and had to cancel. She will be here August 12th if all is well.

Have a great July! See you in August.

Laurie Glogowski, Program Site Manager

We welcome our newest friend to Evergreen:

Frank F. from Saratoga Springs.

Happy Birthday to Gary D. on July 11th; Peter G. on July 17th; Dorothy H. on July 19th; Emily P. on July 21st; Mabel G. on July 24th and Eunice J. on July 30th.



Parkinson's Support Group held the 3rd Monday of each month in the conference room at Woodlawn Commons at 2:00 p.m.

Caregiver Support Group held on the last Tuesday of each month 3:00—4:00 p.m. in the Chapel in Wesley Health Care Center (1st floor). Free Respite Care is available from Evergreen. For more information, please contact Trudi Cholewinski at 691-1518.

The Wesley Community has a new website.....

View The Evergreen Scene and all of our many services at:
www.wesleyhealth.com

*Wesley Evergreen is endorsed and funded in part by
Saratoga County Office for Aging. Please call 884-4100
for more information on their services.*